



Sans Souci Sea Devils Swim Club  
**SUMMER MEET 16<sup>th</sup> & 17<sup>th</sup> February 2024**

Sans Souci Leisure Centre  
 521 Rocky Point Road SANS SOUCI NSW 2219

**Session 1 Friday 16<sup>th</sup> February 2024**

Warm up 5:30pm      Start 6:00pm

B	G	Event		
1	2	10yrs/Over	200M	Freestyle*
3	4	10-12yrs	200M	Ind Medley
5	6	13/Over	200M	Ind Medley
7	8	12yrs/Over	400M	Freestyle*

**Session 2 Saturday 17<sup>th</sup> February 2024**

Warm up: 9.15am      Start: 10am

B	G	Event:		
9	10	8yrs/under	50m	Freestyle
11	12	9/10yrs	50m	Freestyle
13	14	7yrs/under	25m	Freestyle
15	16	10yrs/under	100m	Butterfly
17	18	8yrs/under	50m	Breaststroke
19	20	9/10yrs	50m	Breaststroke
21	22	7yrs/under	25m	Breaststroke
23	24	10yrs/under	100m	Backstroke
25	26	8yrs/under	50m	Butterfly
27	28	9/10yrs	50m	Butterfly
29	30	7yrs/under	25m	Butterfly
31	32	10yrs/under	100m	Breaststroke
33	34	8yrs/under	50m	Backstroke
35	36	9/10yrs	50m	Backstroke
37	38	7yrs/under	25m	Backstroke
39	40	10yrs/under	100m	Freestyle

**30 Minute Lunch Break**

**Session 3 Saturday 17<sup>th</sup> February 2024**  
**Not before 12.30pm**

<b>B</b>	<b>G</b>	<b>Event:</b>		
41	42	11/12yrs	50m	Freestyle
43	44	13/over	50m	Freestyle
45	46	11/12yrs	100m	Butterfly
47	48	13/over	100m	Butterfly
49	50	11/12yrs	50m	Breaststroke
51	52	13/over	50m	Breaststroke
53	54	11/12yrs	100m	Backstroke
55	56	13/over	100m	Backstroke
57	58	11/12yrs	50m	Butterfly
59	60	13/over	50m	Butterfly
61	62	11/12yrs	100m	Breaststroke
63	64	13/over	100m	Breaststroke
65	66	11/12yrs	50m	Backstroke
67	68	13/over	50m	Backstroke
69	70	11/12yrs	100m	Freestyle
71	72	13/over	100m	Freestyle

**CONDITIONS OF ENTRY**

1. Meet is approved by Swimming Metro South East Inc and Swimming NSW Ltd (SNSW.)
2. Meet will be conducted under the SAL and SNSW rules.
3. Swimmers must be members of a Swimming NSW associated club.
4. Age as at 16th February, 2024.
5. In **25M** 7 yrs and under events, medals will be awarded for 6 & 7 yrs.
6. In **50M** races, one set of medals will be awarded to 8/under, 9, 10, 11, 12, 13, 14, 15/over yrs.
7. In **100M** 10 and Under events, one set of medals will be awarded only.
8. In **100M** 11/12 yrs events medals will be awarded to 11 & 12 yrs
9. In **100M** 13 and over events, medals will be awarded to 13, 14 and 15 & over yrs.
10. In **200IM** events, one set of medals will be awarded to 10, 11, 12, 13, 14,15 & over.
11. In **200m** Freestyle 10 and Over event, one set of medals will be awarded only.
12. In **400m** Freestyle 12 and Over event, one set of medals will be awarded only.
13. Results will be submitted to Swimming NSW and uploaded to the SNSW Results Online.
14. **7 & under may only swim 25m or 50m events in that stroke.** (Not Both)
15. General Pool admission fee will be required
16. No Late entries will be accepted.
17. Entry \$9.50 per event. (which includes NSW Swim Levy of \$1.50) **NO REFUNDS**
18. Programs available from Sans Souci website prior to the meet.
19. Entries may be limited to finish at a reasonable time.
20. Entries online via **Swim Central**
21. **Entries Close on or before 9<sup>th</sup> Feb, 2024.** (or once our entry limit is reached)
22. Enquiries to [ssseadevils@gmail.com](mailto:ssseadevils@gmail.com).
23. Kiosk will be operating, limited seating available

**NOTE: Alternative parking Eastern side of Captain Cook Bridge (Riverside Dr), pedestrian access under bridge.**